

Effective April 25, 2021

## LAP POOL

Usage of the Lap Pool is by appointment only. Please register online for available slots

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 AM			6:15 - 7:00	6:15 - 7:00	6:15 - 7:00	6:15 - 7:00	
7:00 AM	Masters Swim Team		7:15 - 8:00	7:15 - 8:00	7:15 - 8:00	7:15 - 8:00	7:15 - 8:00
8:00 AM			8:15 - 9:00	8:15 - 9:00	8:15 - 9:00	8:15 - 9:00	8:15 - 9:00
9:00 AM			9:15 - 10:00	9:15 - 10:00	9:15 - 10:00	9:15 - 10:00	Swim Lessons 9:00 - 12:00
10:00 AM			10:10 - 10:55	10:10 - 10:55	10:10 - 10:55	10:10 - 10:55	
11:00 AM		Aquacise	11:05 - 11:50	11:05 - 11:50	11:05 - 11:50	Aquacise	
12:00 PM			12:00 - 12:45	12:00 - 12:45	12:00 - 12:45	12:00 - 12:45	12:15 - 1:00
1:00 PM			1:00 - 1:45	1:00 - 1:45	1:00 - 1:45	1:00 - 1:45	1:15 - 2:00
2:00 PM			2:00 - 2:45	2:00 - 2:45	2:00 - 2:45	2:00 - 2:45	2:15 - 3:00
3:00 PM	3:05 - 3:50		3:00 - 3:45	3:00 - 3:45	3:00 - 3:45	3:00 - 3:45	
4:00 PM	4:00 - 4:45		Swim Lessons		4:00 - 5:15		
5:00 PM	5:00 - 5:45		5:30 - 6:15	LaBlast Splash	5:30 - 6:15	5:30 - 6:15	
6:00 PM	6:00 - 6:45		Masters Swim Team	6:30 - 7:15	Masters Swim Team	6:30 - 7:15	
7:00 PM	7:00 - 7:45						

During Covid-19 The Lap Pool is not open for Open Swim Times. Lap Swimming Only

Please wear your mask to your lane. **Your mask is the last thing off when entering pool/first thing on when exiting pool**

Please come into the facility no more that 5 minutes prior your appointment

You must come in with your bathing suit already on, check in at the desk, then head directly on to pool deck

Members are able to use the locker rooms for 10 minutes after their scheduled swim, showers not available

At this time, we ask that members limit themselves to three appointments in the Lap Pool per week

## Adult Warm Water Pool

Usage of the Warm Water Pool is by appointment only. Please register online for available slots

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 AM			6:05 - 6:50	6:05 - 6:50	6:05 - 6:50	6:05 - 6:50	
7:00 AM			7:00 - 7:45	7:00 - 7:45	7:00 - 7:45	7:00 - 7:45	7:05 - 7:45
8:00 AM			8:00 - 8:45	8:00 - 8:45	8:00 - 8:45	8:00 - 8:45	8:00 - 8:45
9:00 AM			AJH 9:00 - 12:00	Swim Lessons 9:00 - 12:00	AJH 9:00 - 12:00	Swim Lessons 9:00 - 12:00	Swim Lessons 9:00 - 1:00
10:00 AM							
11:00 AM							
12:00 PM			12:15 - 1:00	12:15 - 1:00	12:15 - 1:00	12:15 - 1:00	
1:00 PM			1:15 - 2:00	1:15 - 2:00	1:15 - 2:00	1:15 - 2:00	1:10 - 1:55
2:00 PM			Encore	2:15 - 3:00	2:15 - 3:00	Encore	2:05 - 2:50
3:00 PM	3:15 - 4:00		Swim Lessons		3:30 - 4:45		
4:00 PM	4:15 - 5:00						
5:00 PM	5:15 - 6:00		5:00 - 5:45	5:00 - 5:45	Swim Lessons	5:00 - 5:45	
6:00 PM	Encore		6:00 - 6:45	Aqua Stretch	6:30 - 7:15	6:00 - 6:45	
7:00 PM	7:15 - 8:00					7:00 - 7:45	

Warm Water Pool is for 18 years and over

There is No Lap Swimming in the Warm Water Pool

**Masks must be worn at all times in the Warm Water Pool**

Please come into the facility no more that 5 minutes prior your appointment

You must come in with your bathing suit already on, check in at the desk, then head directly on to pool deck

Members are able to use the locker rooms for 10 minutes after their scheduled swim, showers not available