

LAP POOL

Effective July 12 to August 27, 2021

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
6:00 AM		6:00 - 12:45 Lap Swim						
7:00 AM			6:00 - 9:00 Lap Swim	6:00 - 9:00 Lap Swim	6:00 - 9:00 Lap Swim	6:00 - 9:00 Lap Swim	6:00 - 9:00 Lap Swim	7:00 - 9:00 Lap Swim
8:00 AM	Masters			Swim Lessons 9:15 - 10:45				Swim Lessons
9:00 AM	Swim Team							9:15 - 12:00
10:00 AM				Aquacise	11:00-3:45 Lap Swim	Aquacise	11:00-2:00 Lap Swim	12:15 - 2:45 Lap Swim
11:00 AM			Lap Swim	Lap Swim		Lap Swim		
12:00 PM								
1:00 PM								
2:00 PM							Camp	
3:00 PM				2 Lanes Lap 2 Lanes Open 3:00-3:45				
4:00 PM			Swim Lessons 4:00 - 5:30					
5:00 PM			5:30 - 6:30 Lap	LaBlast Splash	5:30 - 6:30 Lap	5:30 - 7:45 Lap Swim		
6:00 PM			Masters	6:30 - 7:45 Lap Swim	Masters			
7:00 PM			Swim Team		Swim Team			
8:00 PM								

Signup is required for Masters, Aquacise and LaBlast Splash
Circle swimming will be enforced if more than 2 swimmers are swimming per lane

1 Length = 25 yards
72 Lengths = 1 mile

ywca facility hours

monday: 6AM-1PM
tuesday - friday: 6AM-8PM
saturday: 7AM-3PM
sunday: closed

Adult Warm Water Pool

Effective July 12 to August 27, 2021

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
6:00 AM		6:00 - 12:45	6:00 - 8:45	6:00 - 8:45	6:00 - 8:45	6:00 - 8:45		
7:00 AM		Adult Open	Adult Open	Adult Open	Adult Open	Adult Open	7:00 - 8:45	
8:00 AM		Adult Open					Adult Open	
9:00 AM				AJH	Swim Lessons	AJH	Swim Lessons	Swim Lessons
10:00 AM				9:00 - 12:00	9:00 - 12:00	9:00 - 12:00	9:00 - 12:00	9:00 - 1:00
11:00 AM								
12:00 PM				12:15 - 3:15	12:15 - 3:15	12:15 - 3:15	12:15 - 2:00	
1:00 PM				Adult Open	Adult Open	Adult Open	Adult Open	1:10 - 2:45
2:00 PM							Encore	Adult Open
3:00 PM				Swim Lessons		3:30 - 5:00		
4:00 PM								
5:00 PM				5:00 - 5:45 Adult Open	5:00 - 6:15 Adult Open	Swim Lessons	5:00 - 7:45	
6:00 PM				Encore	Aqua Stretch	6:30 - 7:45	Adult Open	
7:00 PM				6:00-6:45	6:30-7:15	Adult Open		
8:00 PM				6:50-7:45 Adult Open	7:15-7:45 Adult Open			

Warm Water Pool is for 18 years and over

There is No Lap Swimming in the Warm Water Pool

Signup is required for Aqua Stretch

ywca greater newburyport 13 market street newburyport, ma 01950 978-465-9922 www.ywcanewburyport.org