

**eliminating racism
empowering women**

ywca

Greater Newburyport

MISSION STATEMENT OF THE YWCA

YWCA is dedicated to eliminating racism, empowering women and promoting peace, justice, freedom and dignity for all.

Group Exercise Instructor

POSITION DESCRIPTION

POSITION/TITLE:	Group Exercise Instructor
ROLE TYPE:	Part Time non exempt
WORK WEEK/HOURS:	Per Group Exercise Schedule
REPORTS TO:	Health and Wellness Director

About YWCA Greater Newburyport

As one of the oldest non-profit community organizations in the area, the **YWCA Greater Newburyport** has been providing safe, affordable, and supportive childcare and youth development, housing, and wellness opportunities.

About the Role

We are seeking energetic and dynamic instructor to join our wellness team. Our Group Fitness Instructors serve as ambassadors of the YWCA empowering our members to remain physically active and fit in a safe and welcoming environment

What you will do:

- Provide safe and effective group exercise instruction to multi-level fitness populations.
- Provide safe cues and modifications to enable all members to exercise in an empowering and safe environment
- Ability to teach to a group in a timely and efficient manner.
- Welcome new members and orient them to the protocol in attending group exercise classes.
- Assist in covering classes as requested by fellow team members.
- Teach with a smile making all members feel welcome.
- Be aware of promoting YWCA programs and resources.
- Attend staff meetings as able
- Teach hybrid classes including Zoom and Live options
- Assist in maintaining overall program space.

Who you are:

- Related experience preferred
- Current CPR certification preferred
- Ability to instruct and relate effectively to multi-level fitness populations

Our Benefits:

We may be a non-profit, but we reward our talented team well!

Our Part-time team members working over 30 hours/week receive benefits consisting of:

- Competitive hourly rate
- Health insurance contributions
- Pension Plan

Apply for this role:

Please send your resume to our Health and Wellness Director, Ilene Grady at:
igrady@ywcanewburyport.org

OR submit an employment application by following this link:

[YWCA Greater Newburyport Employment Application Form](#)

We are committed to equal employment opportunity regardless of race, color, ancestry, religion, sex, gender, gender identity or expression, national origin, sexual orientation, age, citizenship, marital status, disability, or Veteran status. We value diversity, equity, and inclusion, and we encourage candidates from historically underrepresented groups to apply.

